

What is Headwaters RC&D?

Headwaters RC&D is a non-profit organization serving the residents of Jefferson, Elk, Clearfield, Cameron, McKean, Potter, Clinton and Centre Counties. The mission of this organization is to provide leadership through projects and partnerships that develop or enhance the sustainable cultural, environmental and economic well-being of north central Pennsylvania communities.

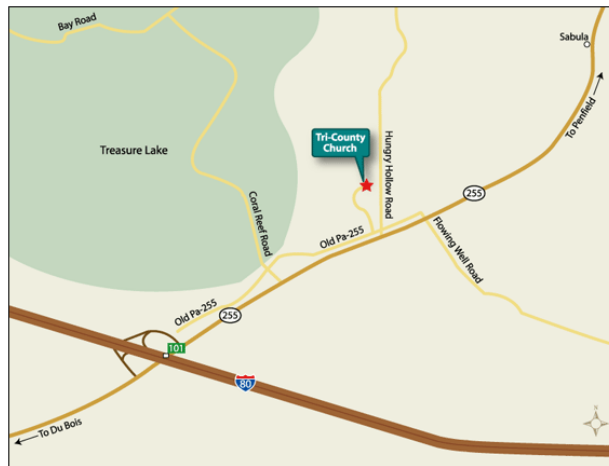
Directions To Tri-County Church

From DuBois:

Turn left 1/2 mile past Treasure Lake Entrance off RT 255N onto Hungry Hollow Road; make an immediate left turn and then right up the hill.

From Penfield, St. Marys, etc:

Turn right just past Hardware Specialties off RT 255 S onto Hungry Hollow Road; make an immediate left turn and then right up the hill.



Local Lodging

There are many nearby hotels available for your stay, such as the Best Western, Hampton Inn, Clarion and Holiday Inn Express.

Headwaters RC&D and USDA-NRCS are equal opportunity providers and employers.

Headwaters RC&D Council
478 Jeffers St, Bldg 3, Ste D
DuBois, PA 15801

13th Annual Northwest Pennsylvania Grazing Conference Tuesday March 16, 2010

To be held at
Tri-County Church
DuBois, PA



Presented By:

Headwaters Resource
Conservation and Development
Council

USDA-Natural Resources
Conservation Service

Penn State Cooperative Extension

Jefferson and Clearfield County
Conservation Districts

Registration

The registration fee is \$25.00 per person (includes hot buffet lunch and continental breakfast).

Name (s) : _____

Business: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

For planning purposes, which afternoon breakout session will you be attending? (circle) #1 #2 #3

Number attending: _____ X \$25.00

= Total Amount Enclosed: \$ _____

Questions? Call Headwaters RC&D at 814-375-1372 ext 4

This brochure is also available at www.headwaterspa.org

Mail registration fee by **March 1, 2010** to:

Headwaters RC&D Council
Attn: Brittany Anderson
478 Jeffers St, Bldg 3, Ste D
DuBois, PA 15801

Make checks payable to Headwaters RC&D Council

Agenda

9:30 - 9:45

Welcome and Introduction

Adam Dellinger - USDA-NRCS/Headwaters RC&D
Jim Berry - Jefferson County Conservation District

9:45 - 10:45

Diversified Grass Farming: Multi Species Grazing

John Hopkins - Forks Farm

10:45 - 11:00

Break - Don't forget to visit our vendors!

11:00 - 11:45

Morning Breakout Sessions

Marketing Pasture Products - These Foods are Hot!

John Hopkins - Forks Farm

Renewable Energy Concepts in Grazing

Jeremy Boocks - Aquaflow

Loren Elder - Elder Farms

11:45 - 1:00

Lunch - A hot buffet lunch featuring grass-finished meat raised locally in Pennsylvania!

1:00 - 2:00

Afternoon Breakout Sessions

#1 Economics of Utilizing Pasture with a TMR

John Vanderstappen - Van De Jerseys

#2 EQIPing Rotational Grazing with Small Ruminants

Lucinda Hart-Gonzalez - Paradise Garden Farms

#3 Premium Cutting as it Relates to the Grass-Fed Beef Producer

Bob Rose - Golden Hill Farms

2:00 - 2:30

Break - Feel free to network and visit our vendors

2:30 - 3:15

Farmer Panel - featuring all the day's speakers

3:15 - 3:30

Closing

Adam Dellinger - USDA-NRCS/Headwaters RC&D



Meet John Hopkins

This year's keynote speaker is John Hopkins, who with his wife, Todd, own and operate Forks Farm and Forks Farm Market in Columbia County, Pennsylvania. The Hopkins bought their 86 acre farm in 1986 after working on ranches in Wyoming and Colorado and became students of sustainable agriculture, grazing management, holistic management and direct marketing. Today the Hopkins raise, graze, process and sell 100% grass fed beef and lamb, woodlot pork, organically fed, pastured chicken and turkey and free range eggs.

In 2002, the Hopkins started Forks Farm Market, an on-farm farmer's market specializing in locally grown, sustainably raised, fresh foods and grass fed meats and dairy. They host over 20 local food vendors and sell products from more than 45 Pennsylvania farmers every two weeks during the growing season. Forks Farm pasture products are also sold in an on-farm store, local health food stores, restaurants, off-farm farmer's markets and six buying clubs.